

Visit Alla scoperta di Assemini

Information and tourist guide



www.aboutasseminiandmore.it
www.mommotticreative.com

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Guide presentation

Within this mini-guide you will find all the most important and salient information on the different points of interest of the town.

The guide is structured in different **sections**, each characterized by a distinctive color. In each chapter there will also be a special **QR** linked to the deepening pages of the blog "About Assemini and more" or to the reference sites of the places described.



Sections:

- Historical Assemini
- Naturalistic Assemini
- Innovative Assemini
- Km zero Assemini
- Useful Informations
- Artistic Assemini
- Cultural Assemini
- Sporty Assemini
- Traditional Assemini

We also created a digital version of this guide, you can download it conveniently on your devices by scanning the dedicated **QR**.



Digital Version
Scan or Click

We are working on the **English translation** of VisitAssemini, you can download the digital version in English by scanning the same QR.



*Scan the QR code below to
download English version of
this guide.*



English version

We have also created an **online section** of the project in which you will find many curiosities and information regarding its implementation.

VisitAssemini online

Scan or Click

visitassemini.mommottcreative.com



Thank you for your attention so far, it's time to **welcome you to Assemini** and wish you a good reading!

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Assemini and its territory

Assemini is a town in southern Sardinia, a few kilometers from the port and airport of Cagliari. It preserves an **ancient history** whose most evident testimony is the church of **San Giovanni Battista**, jewel of the **Byzantine architecture** with particularities that make it unique throughout Sardinia. A few steps from this is the **Church of San Pietro**, around which the village developed, with the typical Campidanese houses, including the nineteenth-century **House of Centenaries**. On the roofs of several houses stand the traditional ceramic "**Cavallucci**" (small horses) that preserve a fascinating history. Walking in these streets you can also discover the interesting history of **Count Ceconi**, engineer who played a great role in the development of our city in the early twentieth century.

Assemini is a city of **ancient tradition of ceramics DOC brand** in which you will find workshops that are handed down for generations, but also those of potters who have decided to carry on their mastery right here, giving added value to our city. You will find several **artists** who create sculptures and beautiful paintings or asseminesi fans who have wonderful **collections**.

As for **good food**, those who visit Assemini can not miss the **Panada**, awarded in 2016 with the PAT certification and the **Coccoi**, the typical bread.

Assemini has a very large territory ranging from the **lagoon of Santa Gilla** to the **Regional Natural Park of Gutturu Mannu**. You can go hiking, birdwatching or **nature** photography. Thanks to its **excellent location** you can easily visit the south of Sardinia with its beautiful beaches but also cultural, archaeological and much more.

To learn more:
Scan or Click



View from the bell tower of the Church Beata Vergine del Carmine.

◦ Church of Sant'Andrea



Address:

Piazza Sant'Andrea

Year of construction:

17th century

Location: The Church of Sant'Andrea is located in the main entrance of Assemini.

Exterior: The façade of the church of Sant'Andrea is a hut with a bell tower in which there is a metal cross. The wooden portal is characterized by a round arch supported by two monolithic feet, the rib is worked with grooves on which stands out an inscription not yet deciphered and now difficult to read.

Inside: Inside is characterized by a single room flanked on the left by a small chapel.

Curiosity: The first document attesting the construction of the church is the Diocese of Cagliari of 13 May 1644. The founder of the noble family of the Orrù, Juannottu Orrù, was appointed, who directed the works and asked for a delay of 6 months to complete the construction of the church because he was in a state of poverty.

The restoration works carried out between 2021 and 2022 have changed the appearance of the church: one of the 5 columns was eliminated

(pictured before the restoration) and the old wooden roof of the loggia replaced with a new roof.



Chiesa di S. Andrea

Illustration - Before the restoration



To learn more: Scan or Click



• Church of Beata Vergine del Carmine



Address:

Via Sardegna coner Corso
America

Year of construction:

1960s-70s

Location: The Church of the Blessed Virgin of Carmine is located along the main entrance of the city.

Exterior: The facade is characterized by a canopy that divides the façade into two orders. In the lower part there are three portals made up of beautiful bronze panels depicting scenes from the Bible. On the left of the facade rises the bell tower with hexagonal plan.

In the upper part stands a large mosaic depicting the Madonna and Child and the Angels in reference to the dedication to the Blessed Virgin of Mount Carmel.

Above the mosaic and along the sides of the church we find stained glass windows.



Mosaic on the facade

Inside: The interior of the Church of the Beata Vergine del Carmine consists of a large rectangular hall with a lower floor than the presbytery.

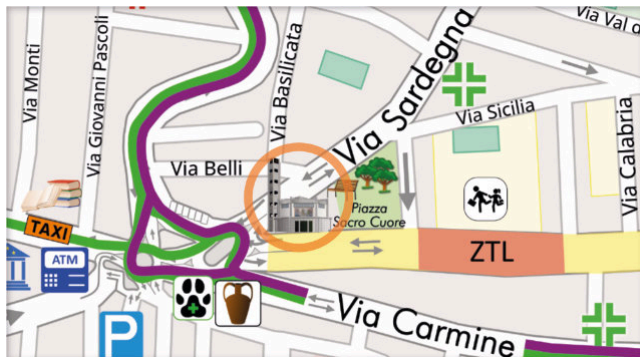
Curiosity: Among the valuable works beyond the stained glass windows and the bronze portal is the beautiful Via Crucis inside the Church.



Chiesa B.V. Del Carmine
Illustration



To learn more:  Scan or Click



◦ Church of Carmine

**Address:**

Via Sant'Elia 2

Year of construction:

1912

Location: The Church of the Carmine is located in via Sant'Elia 2, in correspondence with via Carmine, a short distance from the Church of the Blessed Virgin of Carmine.



Detail of the bell tower

Exterior: It has a gabled facade, characterized in the center by a wooden portal surmounted by a circular window and a bell tower with double light.

Inside: Inside it has a single nave of rectangular shape, with two side chapels. It has a wooden roof and the presbytery, slightly elevated compared to the nave, has a barrel vault cover.

Curiosity: Inside the church of the Carmine there is a commemorative plaque in memory of all the people who contributed to its construction and the date of its consecration, July 13, 1912.



Church facade



Illustration



To learn more:
Scan or Click



◦ Church of Santa Lucia



Address:

Parco di Santa Lucia

Year of construction:

ND. has not given certain.

Location: The Church of Saint Lucia is located on the city limits, near the cemetery.

Exterior: Is characterized by a facade with a terminal with salients that culminates with a small bell tower with a single light sail with a round arch. The central portal is surmounted by a rose window.



Inside: Characterized by 3 naves, has, in the central part, a cover with painted barrel vault. The presbytery is slightly higher than the rest of the hall. In the semicircular apse there is a niche that preserves the statue of Saint Lucia

Curiosity: During the Second World War the church was used as a depot where military provisions were kept.

In the night between 2 and 3 December 1943 a fire was set to hide the traces of probable shortages.

Only the altar and the statue of the Saint were saved.



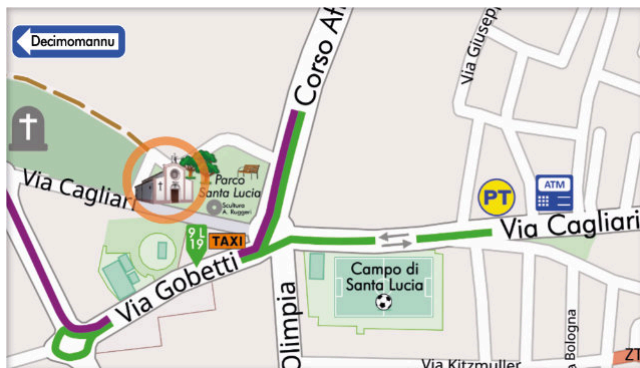
Statue of S. Lucia
Located under the rose window



Church of S. Lucia
Illustration year 2020



To learn more: 
Scan or Click



• Church of San Pietro



Address:

Piazza San Pietro

Year of construction:

XI XI (whole building)

XV XVI (whole reconstruction)

The church was rebuilt in the sixteenth century in the Gothic - Catalan style.

Location: The Church of San Pietro is located in the historic center of Assemini, a short distance from the Church of San Giovanni.

Exterior: The facade is characterized by a flat terminal decorated with battlements. The main entrance, located centrally, consists of a large portal splayed and lunette, made in Gothic style. Above it there is a rectangular window behind which you can see an image of Saint Peter. The bell tower with square base is placed on the left of the main facade.

Inside: The interior has a single nave divided into bays through 4 large pointed arches in which in the sixteenth century were built seven side chapels: three on the left and four on the right, characterized by different systems of roofing. The area of the presbytery is raised one step above the rest of the nave.

Inside: The interior has a single nave divided into bays through 4 large pointed arches in which in the sixteenth century were built seven side chapels: three on the left and four on the right, characterized by different systems of roofing. The area of the presbytery is raised one step above the rest of the nave.

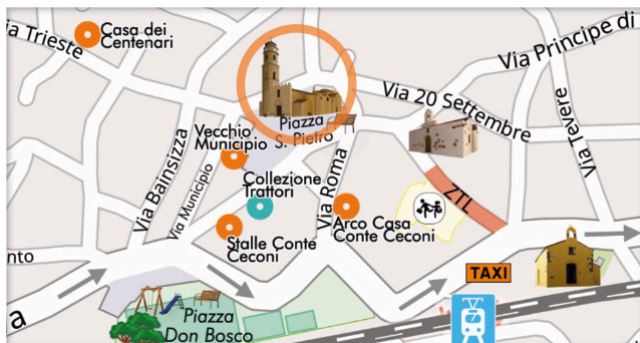
Curiosity: Originally inside the Church there were spaces for burials, of different social classes. 28 were found, on the sides of the church, in the chapels and two in the



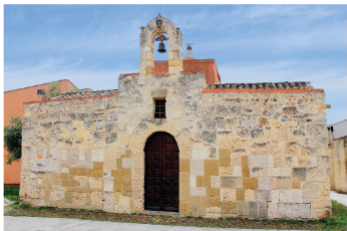
Church of S. Pietro
Illustration



To learn more:  Scan or Click



◦ Church of San Giovanni Battista



Address:

Via S. Giovanni, 3

Year of construction:

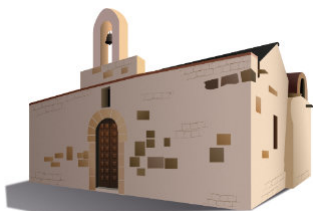
10th century

Location: The Church of San Giovanni Battista is located in the historic center of Assemini, a short distance from the Church of San Pietro.

Exterior: The building was built in sandstone ashlar and has two different works of limestone ashlar probably due to the partial reconstruction in a later period.

Inside: The interior of the church is very collected and austere and is characterized by a Greek cross plan inscribed in a square, dominated by a dome at the intersection of the arms. At the entrance we find a beautiful capital of composite type water leaf, six smooth leaves and curved outwards of the fourth-fifth century, reused as a holy water, and marble epigraphs of the Middle Byzantine era, between the tenth and eleventh century, in which are mentioned the archon Torcotorio, his wife Getite and Nispella, wife of another Torcotorio. Until 1919 the altar was in a more advanced position, under the dome, but following the renovation work was moved back.

Inside: The interior of the church is very collected and austere and is characterized by a Greek cross plan inscribed in a square, dominated by a dome at the intersection of the arms. At the entrance we find a beautiful capital of composite type water leaf, six smooth leaves and curved outwards of the fourth-fifth century, reused as a holy water, and marble epigraphs of the Middle Byzantine era, between the tenth and eleventh century, in which are mentioned



Church of S. Giovanni
Illustration



To learn more:
Scan or Click



• Church of San Cristoforo



Address:

Via san Cristoforo

Year of construction:

1700 AD.

Opening hours:

On July 24th on the occasion of the Festa di San Christoforo

Location: The eighteenth-century church of San Cristoforo was once located on the outskirts of the village, was later incorporated into the town during its expansion.

Exterior: This small church has a gabled facade with a bell tower with a light and round arch. The church is accessed through a simple wooden portal surmounted by a rectangular window.



Inside: It is characterized by a single room with wooden roof, the altar is slightly raised and is surmounted by a niche containing the statue of Saint Christopher, patron of motorists, travelers and pilgrims.

Inside: It is characterized by a single room with wooden roof, the altar is slightly raised and is surmounted by a niche containing the statue of Saint Christopher, patron of motorists, travelers and pilgrims.

Curiosity: On September 8, 1935, this church was the subject of a council resolution that assigned it to the surgeon Gerolamo Coghe as a clinic.

For this reason the church is remembered as



Church of S. Cristoforo
Illustration



To learn more:
Scan or Click 



• Conte Ceconi's Stables



Address:

Via Lamarmora

Year of construction:

Early twentieth century

Location: Conte Ceconi's stables are located in the historic centre of Assemini, behind the Church of San Pietro.

Count Ceconi was a very important character in the history of **Assemini**. In 1902 the Count was in Cagliari for work and bought a large plot of land in Assemini together with a manor house in Piedmontese style of the late eighteenth century. He restructured the old buildings and built others, reclaimed the marshes by building drains, cleaned the bushy ones and built buildings, planting vineyards and almond trees. He imported cutting-edge agricultural machinery for the time and built a modern farm appreciated and known. Walking in the old town you will find some of these facilities including the **old stables**. Nowadays they are divided and belong to two different owners. One of the buildings houses the **private collection of vintage tractors** by Mario Loddo while the other is used as the headquarters of the Folk Campidano Association.

**Address:**

Via Trieste 52

Year of construction:

mid-nineteenth century

Can be visited by appointment:

+39 340 91 47 975

Location: It is located in the historic center, a few steps from the Church of San Pietro.

The Casa dei Centenari is a **Campidanese house** built in the mid-nineteenth century by **Giulio Nioi** and **Annetta Scalas**, two centenarians of Assemini. Today the house is owned by his son Carmelo Nioi and his wife Rosalba Murgia who have decided to make it a **museum-house**. Entering from the large portal campidanese you access the front courtyard where you can admire old tools for agricultural work. The house retains its original spirit, is built in **làdiri** (mud bricks and straw dried in the sun) and the floors are characterized by classic cement with geometric or floral patterns. In the old kitchen you will find the set table and the classic baskets hanging on the walls along with on **parastaggiu** (the plate) and everything you could see in the kitchens of the past. In the rooms, in addition to the typical furnishings of the time, are also exposed vintage clothes.

To learn more:

◦ **Il Conte Ceconi**



Scan or Click

*Entrance to the old manor house
of Count Ceconi*



◦ **House of Centenarians**



Scan or Click

Detail of the interior of the house



On the map

Arch of the House of the Count Ceconi; the stables of the Count Ceconi; the Old Town Hall and the House of Centenarians.



Old Town Hall



Address:

Via Guglielmo Oberdan

Year of construction:

Late eighteenth century

Location: The Old Town Hall is located in front of the Church of San Pietro.

The Old Town Hall was built at the end of the eighteenth century in neoclassical style, characterized in the facade by stylistic elements of fine workmanship, cornices, cornices and shelves of the balconies that embellish it. During the year it hosts various exhibitions of local artists and models.

• Villa Asquer



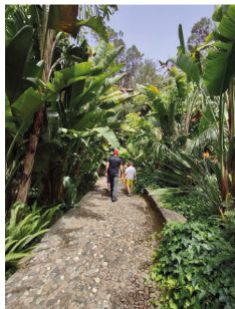
Address:

Località "Pixina Matzeu"

Year of construction:

Sixteenth century

Location: It is located outside the town of Assemini, between the municipalities of Sestu, Cagliari and Elmas.



The Villa has an area of 23 hectares, of which 12 hectares of woodland. All is flanked by 8 hectares of gardens and green areas, where you can admire 2100 palm trees from different parts of the world. The area of the park since 1990 is subject to landscape protection pursuant to art. 136, 137 L. 42/2004.

The old water collection tanks have been recovered and transformed into fountains.

This project has created a water route that winds through the park.

In the park there are several fountains including the "Fontana Piccola" and the fountain "Canne al Vento".





One of the statues

In the whole area of the Park there are beautiful sculptures. Some of these are made by sculptors of the island tradition, others by modern authors. The oldest core of the buildings dates back to the sixteenth century. Of this period is the "L" shaped structure, of which there are two towers built in stone with the opus mixtum technique.

To learn more:
Scan the QR



Official website

Scan or
Click



Blog



Between the years 2017 and 2019 Assemini has dyed of colors thanks to the project "**Innamor'art**". Promoted by the Municipal Administration, the project aimed to enhance Assemini thanks to the creation of several murals in specific points of the town. The project has seen the participation of many artists such as Davide Pils, Manu Invisible, Rosaria Straffalaci, Pietrina Atzori and La Fille Bertha.



Pagine di storia asseminese

by Davide Pils Bo Pili

Year: 2017

Location: Via Firenze, 2

With this work the artist Pils wants to highlight the importance of handing down history to future generations. The subject of the work is the Conte Ceconi, an important figure in the history of Asseminese.



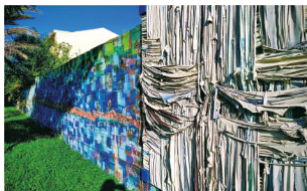
Year:

2018

IMPOSSIBLE of Manu Invisible

Location: Via Marconi, front of the bocciodromo

"A dead end, the perpetual darkness, but there is still the strength to go on. When everything seems lost we must remember that nothing is impossible."



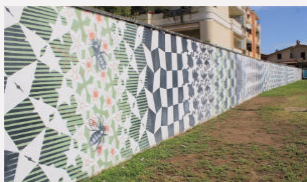
Fabula

by Rosaria Straffalaci and
Pietrina Atzori

Year: 2018

Location: Corso Asia n. 115

"Fabula" is the second longest mural in Sardinia with a length of 65 meters. In a strategic position was inserted a large chair, made by Francesco Cau, in typical Sardinian style, from which to admire the work as a whole.



Matamorphosis

by Davide Pils Bo Pili

Year: 2018

Location: Parco del Legno

In the Wood Park, Davide Pils, in collaboration with the students of the Liceo artistico Fois of Cagliari, have created "Metamorphosis". This work reproduces the picture of the Dutch artist M. C. Escher but revisited.



Panadas

by Davide Pils Bo Pili

Year: 2018-2019

Location: Via Sicilia

In this work Pils pays homage to the typical dish asseminese, the Panada of eels. Set in the Campidanese house of Piazza Sant'Andrea, the opera depicts several people engaged in the preparation and cooking of the typical dish.



La Fille Bertha

by La Fille Bertha

Year: 2018

Location:

Via Giudicessa Benedetta

In Via Giudicessa Benedetta, under the overpass, we have the work of La Fille Bertha. The artist has created the unmistakable female figure, hermetic and absorbed in a distant and difficult to reach dimension.



At Centro Giovani

by Rosaria Straffalaci, Davide Pils

Year: 2017

Location: Corso Europa, 51

The artists Rosaria Straffalaci and Davide Pils, helped by the boys of the Liceo Artistico Foiso Fois of Cagliari, have created the murals of the Youth Center taking up different modern artistic currents and contemporary, using references to the female condition and its sensitivity.



Intragnas

by Pietrina Atzori

Year: 2018

Location:

Schools in Via Porto Torres

Triptych crossed by many colored threads that form a dense texture and that converges at the same point, a symbol of human cohesion that goes beyond ethnic, cultural and social differences.

• The ceramics in Assemini

Assemini has a long ceramic tradition behind it, it has in fact received the **DOC mark** and the name of "**city of ancient tradition of ceramics**".

The families of potters hand down the tradition from generation to generation, alongside design and innovation. Other Sardinian potters have also decided to move to Assemini to continue their work, thus giving added value to the artistic production of the town.

The most ancient pottery finds date back to the end of the V-III century BC, and consist of attic vases and local Punic ceramics. Thanks to them it was possible to reconstruct the past of Assemini and collect a lot of important information.

Assemini was in fact historically known for the production of "**su strexu**", ie bowls, jugs, dishes, casseroles and all utensils of daily use.

One of the most important and known artifacts is definitely "**sa Mariga**", the jug. There were two types of jugs, the common one for daily use and the jug of the bride, with richer decorations.

The **jug of daily** use was very simple and was used to collect water in the village fountains or at the river, when there was still no running water in the houses. Larger jugs with mouth and neck were instead used for storing food.

The "**jug of the bride**" differed from that of daily use for its richness of decorations, engraved with the rush or with a cane cut. If the bride came from a wealthy family, the potter had the opportunity to show his skill by enriching the jug with decorations depicting birds and with the typical motifs of traditional bread decorations (coccoi pintau).

Another tool widely used in homes was the laver, (**sa scivedda**), used to prepare dough of bread and other foods such as fregola (sa fregua). For this process was used "**sa scivedda bassa**" with engravings on the bottom, a typical variant asseminese. The locks were also used for other household purposes such as washing laundry.

In addition to **sa Mariga** and **sa scivedda** in the domestic outfit of the bride could not miss dishes, bowls, mugs, pots, colanders, bowls, bottles, pots, pans and flasks to drink during the work in the country.

Ceramics were also used to make tiles for the roofing of church domes or for the pipes used to irrigate vegetable gardens.

Nowadays the typical pieces of the asseminese tradition continue to be created but, next to them, a market has developed made of beautiful **design objects** that give a touch of personality to the rooms of the house.

Ceramic has found space in decoration, furniture and art, but also in the creation of beautiful necklaces and pendants. Each potter has a style that distinguishes him and it is fascinating to see how the peculiarities of each pervade in the works in a clear and distinctive. Each piece is **handmade**, a feature that makes it **unique in the world**.



Exhibition "Buongiorno Ceramica" - 2024



Informations

Address: Via Carmine 148

Opening hours:

Monday to Friday

09:00 -13:00 / 16:00 - 20:00

By appointment.

+39 333 57 01 043

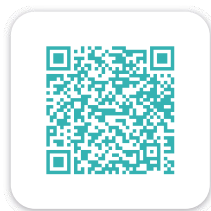
Entry: Free

Bruno Atzeni is an upholsterer with a great passion for Sardinian antiques for domestic use. He has a beautiful collection that he wanted to show in his laboratory creating a kind of **house museum** in which he also exhibited objects that belonged to his family. From the large windows of his workshop located in Via Carmine you can see the inscription Ethnographic Museum, admission is free. Crossing the threshold will seem to enter a typical Sardinian cuisine of the first half of the twentieth century, in the walls the baskets and the **classic plate rack** (furniture typical of Sardinian furniture, used to display the most valuable dishes of the wedding kit, called in Sardinian "**parastaggiu**"). At the center of the kitchen the table with the ancient wooden machine for kneading and the brazier (**on braxieri**) in which the embers were stored to heat the rooms. On the right of the kitchen Bruno has set up a kind of bedroom, separated by an old door and a wooden

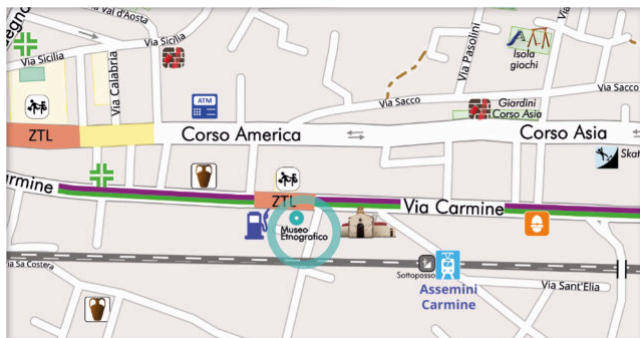
window, with a single iron bed and an ancient cork crib, the basin for water and other objects. Later a kind of living room with dressers, other typical objects and a beautiful **antique frame**.



The room is completed by mannequins wearing traditional Sardinian costumes.



To learn more:
Scan or Click



Collection of traditional musical instruments "Sonus de su Mundu" of Antonio Ghiani



Informations

Address: Via Ischia

Opening hours:

On appointment
+39 328 11 91 366

Minimum 5 people or
groups of 20/25 people

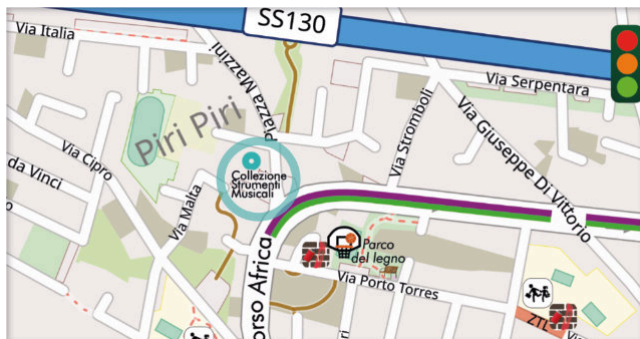
Entry: with contribution

"**Sonus de su mundu**" or sounds from the world, this is the name of **Antonio Ghiani's** collection consisting of traditional musical instruments that span a really wide time span, with **over seven hundred pieces** from around the world. It is truly extraordinary because it allows you to take a journey through time and around the world, between peoples as different as similar, enriched by the stories and explanations of Mr Ghiani, which makes the visit even more interesting. Behind each instrument is the music of a people, its history, its culture, its traditions and its religious beliefs. So let's talk about **ethnomusicology**, **cultural anthropology**, **history**, **folk traditions** and **religion**. The visit can only start from the traditional Sardinian instruments, with different types, divided by families and shades: from the **Matraccas** used during Holy Week to the beautiful **Launeddas**. The latter range from a period ranging from the early

twentieth century to those built by Signor Ghiani. The visit continues with instruments of African, American, European and Eastern origin. In a showcase there are several instruments made of cane from Egypt, Tunisia and India, combined to notice differences and similarities. In the walls photos and testimonies of how they were played.



To learn more:
Scan or Click 



Collection of antique tractors by Mario Loddo



Informations

Address: Via Lamarmora

Opening hours:

On appointment.

About Assemini and More
+39 340 14 11 252

Entry: Free

In the historic center of Assemini are preserved the traces of a character who played a fundamental role in the history of Assemini, **Count Angelo Ceconi**.

Walking in the historic center in fact you will find several structures that once belonged to the Count and the great company that he created in the early twentieth century.

These include the **old stables**. A part of these belong to **Mario Loddo** and his family and, right here, some of the vintage tractors are preserved.

The stables have been restored and well preserved by the owners. The stone pavement, the drains and the double pitched roof are still visible. The private collection of vintage **tractors** and combine

harvesters consists of several vehicles ranging from the 1930s to the 1960s. Part of the collection are two threshers, one from the thirties and the other from the forties; a Viking mytilegatrice; several tractors including a Landini, a Zetor Super 550, an Oto Melara c25, two Argo bears, a Super Orsi and a more recent Hanomag.

A beautiful collection that takes you back in time, when the time of threshing was a time of celebration because it represented the culminating moment of the work of an entire agricultural year.



To learn more:
Scan or Click



• Amphitheatre, squares and public greenery



Municipal amphitheater

Assemini is full of green spaces and squares, located in a capillary way in the town.

It is also equipped with a municipal amphitheater, located near the City, home to events and exhibitions that color the town throughout the year.

Among the squares we can remember:

Piazza San Pietro, located in the old town;

Piazza Don Bosco, a few steps from P.zza San Pietro;

Piazza Sacro Cuore, near the Church BV del Carmine;

Piazza Conciliazione, in via Pio IX;

Piazza dell'Olivo, in via Edison;

Piazza Repubblica, close to the Municipality;

Piazza Giovanni Falcone e Paolo Borsellino;

Piazza Sant'Andrea, north of the town;

Piazza delle Regioni, home of the market Coldiretti.

• City Parks



Park of Terre Cotte

Assemini is full of city parks where you can relax, exercise, thanks to the equipped areas, or enjoy the beautiful days with your family, in the spaces equipped with games for children.



Children dedicated area

At Assemini there are also several areas for our four-legged friends, where they can play safely.



Informations

Location:

At the foot of Gutturu Mannu, is located in the countryside between Capoterra and Assemini.

Is Olias, or "the olives", a farm with a historic olive grove that belonged to the Borghesani family. They were among the first in the whole territory to have large millstones for the pressing of olives, initially in stone then motorized. After several passages of inheritance was sold everything to neighboring municipalities: Assemini, Capoterra, Sarroch, Uta, Villa San Pietro and the Province of Cagliari.

In 2006 an integrated territorial project was designed to create accommodation facilities to enhance the area and create a gateway to the **Gutturu Mannu Natural Park**.

The Park Is Olias extends for **230 hectares** and consists of numerous paths that lead to the peaks of Punta S'Acquaferru, Monte Arbu and Punta de S'Ormu. Its territory belongs for 60% to the municipality of



Park Is Olias

Assemini and the remaining 40% to the municipality of Capoterra. The facility is often home to national Boy Scout and Civil Protection gatherings.

How to get to the park:
Scan or Click



• Gutturu Mannu Regional Nature Park



Informations

Location: South-western Sardinia. It covers 10 municipalities: Assemini, Santadi, Uta, Capoterra, Sarroch, Pula, Teulada, Domus de Maria, Villa San Pietro, and Siliqua.

The name of this wonderful Park means "**great gorge**", is a **canyon** crossed by the homonymous stream and its tributaries and territorially includes ten municipalities, including Assemini.

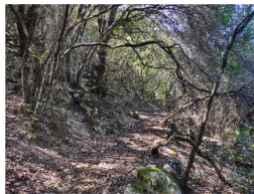
It covers **35 thousand hectares** and is characterized by a wealth of nature and wildlife. As for the fauna, there are very important endemic species such as the Sardinian deer, the Wild cat, the Geotritone and the Goshawk.

Among the mammals we also have the hedgehog, fox, wild boar, hare, rabbit, weasel, marten and many others.

Among the birds we find the Goshawk, the Golden Eagle, the Peregrine Falcon, the Buzzard and the Kestrel. The highest peak is 1113m and is represented by **Is Caravius**.



The park has well-marked trails, some ideal for easy/medium level tourist hiking and others, more challenging, suitable for more experienced hikers.



The importance of this park at European level is given by the presence of one of the oldest primary forests in the Mediterranean characterized by Lecci and, in general, by sclerophyll and is located in **Monte Arcosu, Special Conservation Area home of the WWF**

How to get to the park:

Scan or Click





Informations

Location:

Strada Comunale
Gutturreddu

Beautiful area that takes its name from the source (**mitza**) and where flows the **river Gutturu Mannu**. Here waterfalls and natural pools form where, between May and June, if you are lucky, you can take a bath.

The area is equipped with tables and fire points where you can roast and stop for a picnic.

WARNING: from 1st June to 31st October it is forbidden in all the regional territory to light fires due to the high risk of forest fire.

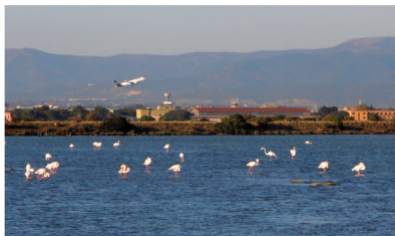


In the undergrowth of **Mitza Fanebas**, there are the remains of an **ancient nuragic settlement**, you can see what remains of the nuraghe, where nature has taken over, and the stones placed circularly identifying the numerous huts. In this area the Nuragic populations had found everything they needed: game, water, wood, stone to build and sighting points.

How to get to the falls:
Scan or Click



• Santa Gilla Lagoon

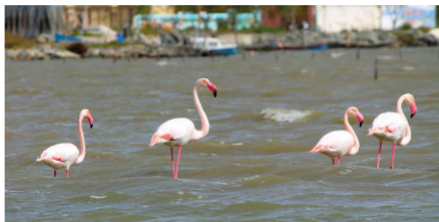


Informations

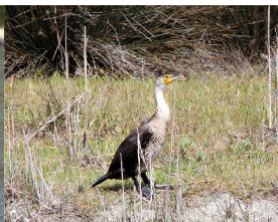
Location: Territory between Cagliari, Assemini, Elmas and Capoterra.

The Santa Gilla Lagoon, also called Cagliari Pond, is located on the southern coast of Sardinia and is part of the municipalities of Cagliari, Assemini, Elmas and Capoterra. It covers an area of **15,000 hectares** and is one of the **most important wetlands in Europe**.

In addition to being a naturalistic oasis where **200 species of birds**, including the wonderful flamingos, have found their habitat, we find an incredible variety of **flora**, more than **450 species**, especially therophytes, camephetes and halophytes.



Flamingos present in the lagoon



Young cormorant

The lagoon has always played a particular importance also from the historical and economic point of view for the whole surrounding area.

In its waters have been found many finds ranging from the **Nuragic period** to the **Phoenician-Punic**, some of these are on display at the **Archaeological Museum of Cagliari**.

The attendance of this important area continues in Roman and medieval times. It was a very important resource in the history of Assemini,



especially for **fishing**, an activity that in the seventeenth century was the main form of subsistence for more than 500 fishermen. The typical dish asseminese, the **Panada** of eels, in fact, is closely linked to this activity. For lovers of birdwatching and photography the lagoon of Santa Gilla is a real paradise.





Informations

Location:

Santa Gilla Lagoon,
Assemini
Industrial area of
Macchiareddu

The Saline are located in a naturalistic area of great importance, the **Santa Gilla Lagoon**.

They were born in the twenties from an idea of the engineer Conti Vecchi who designed the reclamation of **2700 hectares** of the lagoon to establish the salt pans. A great innovative, eco-sustainable and avant-garde project with which, in addition to the production of salt, the lagoon was protected from the floods of the Cixerri and Mannu rivers.

The salt pans are still in operation and are enhanced by the **FAI** that always organizes many interesting events.



Piles of salt, called "aie"

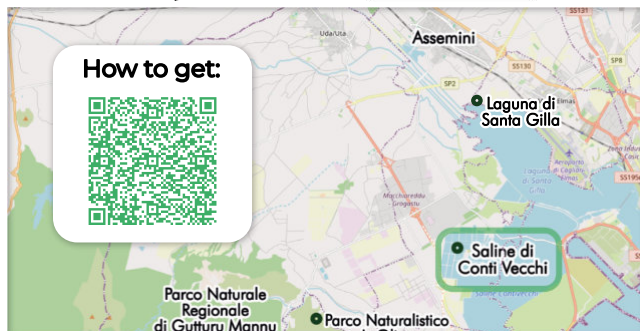
You can use the **train** to go around the salt tanks, the guide will explain all the stages and techniques used for production.



You can admire the old buildings of the direction of the twenties-thirties, along with the workshops, the former carpentry and the chemical laboratory. You can also join the guided walking tour of the ruins of the worker village.

The entrance ticket is purchased on the **website of the FAI** (Fondo Ambiente Italiano).

FAI website:
Scan or Click



• Municipal Library

📍 Via Cagliari 16 - Assemini

☎ +39 327 14 51 872

✉ bibliotecassemini@gmail.com

☎ +39 329 65 06 482

📘 Sistema Bibliotecario Bibliomedia

📷 @sistema.bibliomedia

The Assemini Library was founded in 1971, is on two floors and houses the **General Section** on the ground floor, while on the first floor the Boys Section.

Currently it has about 13,000 members, has reading and study places both at the Consultation Room of the General Section and at the Children's Section, 12 computer workstations including 4 members of the All-in service of the Sardinia Region (also for non-residents).

Services

- **On-site loan**, interlibrary loan with the System Libraries and extra system, telephone and web loan..
- Newspaper Library Service:
 - Digital** (MLOL) always accessible, contains thousands of newspapers from all over the world, streaming and download music and audiobooks;
 - Printed** with numerous subscriptions to magazines, can be consulted free of charge by users library..
- Free **Internet connection** and **study room**.
- **6 multimedia stations** for the public and **4 other multimedia stations All-inn center** (also for non-residents).
- Printing option - max 3 sheets b/w.
- **Service "loan and return 24h 7/7gg"**

through the locker outside the system
 Librarian Bibliomedia

- **Game Corner:** the corner dedicated to the world of board games for all ages to use, free of charge during opening hours library.
- **Baby Pit Stop:** dedicated space to allow parents to breastfeed or change their baby's diaper.
- **Workshops:**
Bibliotecarti: Artistic workshop (6 - 14 years).
Nel paese delle storie: children's reading.
Laboratorio manuale: for adults and children.
- **Basic IT courses** for adults.

General section:

- **Winter Hours**

Mon-Fry 9:00 - 13:00
 15:30 - 19:00

- **Summer Hours**

Mon-Fry 9:00 - 13:00
 Mon-Wed-Fry 16:00 - 19:30

Youth section:

- **Winter Hours**

Mon-Fry 9:00 - 12:00
 15:30 - 19:00

- **Summer Hours**

Mon-Fry 9:00 - 12:00
 Mon-Wed-Fry 16:00 - 19:30

www.librami.it/assemini

Catalogue of books in the
 Municipal Library of Assemini and
 in all 8 libraries of the Bibliomedia
 Library System.

Scan or
 Click



www.comune.assemini.ca.it/servizi/biblioteca-cultura

◦ Youth Centre

 Corso Europa 51 - Assemini  +39 070 94 94 83
 centrogiovaniassemini.agape@gmail.com
 Centro Giovani Assemini Agape

The Youth Centre is a Municipal Service of Social Policies, has aggregative and socializing purposes aimed at young people in the area: it is an opportunity to meet, stimulate the sharing of opinions and opportunities and initiatives proposed by different bodies. The centre consists of a **green space**, a multifunctional **interior**, a **soundproof music rehearsal room** and a **theater** and **video projections**.

Hours: Monday afternoon, Tuesday and Friday, alternate weeks also on Saturday or Sunday in the afternoon and evening with seasonal variability.

◦ Informagiovani

 Corso Europa 51 - Assemini  +39 070 94 92 61
 informagiovani@comune.assemini.ca.it

The Youth Information Office is a public and free service of the City of Assemini to inform and orient themselves on the issues of work, school, vocational training and volunteering, mainly aimed at young people, but open to all.

• **Hours:**

From Monday to Friday 08:30 - 10:30

Monday and Wednesday 15:30 - 17:30

Internet Point: Monday and Wednesday from 10:00 - 12:00

• Bee.Flow

📍 Via Tramontana 3 - Assemini 📞 +39 331 23 58 537

✉️ beeflowbeelove@gmail.com 📘 @bee.flow.ceramics

🌐 beeflowbeelove.wordpress.com 📷 @bee.flow.ceramics

The Association "**bee.flow.lab**" was created to create a network of experts who provide knowledge and skills in the artistic, educational and experimental for members and their families.

The Association also organizes **workshops for children** in different fields.

- Workshops on clay manipulation and its evolution.
- Laboratories of Ethical Beekeeping.
- Photography workshops.



constantly updated, you can find all the information on the **social channels** of the association.

WhatsApp



Scan or Click

Contacts



• Back to index •

• Cultural Association Sonus de Canna

Scola de Launeddas founded by Dionigi Burranca



Since **1984** has been operating the "**Scola de Sonus de Canna**" founded by the master **Dionigi Burranca** and directed, continuously, since 1987 by his disciple **Sergio Lecis** of Assemini.

The **learning lessons** of the vast repertoire of Launeddas were held until 2020 in Via della Libertà and, from 2022, in the structure of "**Sa Pinneta**", located on the outskirts of Assemini in Via Santa Maria.

In this context there are also **lessons** for learning the **construction of the launeddas**, thanks to the contribution of several **master builders** operating in the area of Campidano.



The lessons are held according to the teaching of the **master Burranca** and include the vast repertoire of the played for dances and the accompaniment of the songs of the religious tradition, that of the parties and civil activities.

Contact: 📍 **Via Santa Maria - Assemini (CA)**

☎️ **+39 349 26 91 965**

Visitors can attend the lessons
and listen to live music.

• Cultural Associations

Non-exhaustive list of cultural associations

- **Ass. Folc. cult. S. Pietro Assemini A.P.S.-E.T.S.**
Via Sacco 94 - Assemini (CA) +39 340 34 17 451
- **Associazione Culturale Musicale Peter's Day**
Via Sardegna 47 - Assemini (CA) +39 070 94 53 03
- **Associazione culturale San Cristoforo**
Via Trento, 15 - Assemini (CA) +39 070 20 46 534
- **Associazione Culturale Teatrale "ARKA H.C.E.**
Via Tevere, 47 - Assemini (CA) +39 380 18 18 228
- **Associazione Cuore in Sardegna**
Via Garibaldi 25 - Assemini (CA) +39 392 26 03 898
- **Ass. Museo dell'arte ethnica internazionale**
Sa Serra - Cp 215 - Assemini (CA) +39 338 16 11 798
- **Associazione Sant'Andrea**
P.zza Sant'Andrea - Assemini (CA) +39 347 78 47 712
- **Associazione Santa Lucia**
Corso Africa 65 - Assemini (CA) +39 339 34 07 819
- **Consulta delle donne**
Via Raffaello 5 - Assemini (CA) +39 339 62 59 690
- **Coop. Paideia**
Via Lazio - Assemini (CA) +39 070 94 77 339
- **Coro Campidano**
Via Lamarmora 3 - Assemini (CA) +39 392 04 75 910
- **Gruppo bandistico Vincenzo Bellini**
Piazza San Pietro, 3 - Assemini (CA) +39 324 92 95 650
- **Gruppo Folk città di Assemini**
Via Cagliari 141 - Assemini (CA) +39 338 16 11 798
- **L'Aquilone Assemini**
Via Olimpia - Assemini (CA) +39 070 94 72 00
- **Oratorio Parrocchia Beata Vergine del Carmine**
Via Sardegna 15 - Assemini (CA)
- **Oratorio San Pietro**
Via Roma 18 - Assemini (CA) +39 070 94 15 65
- **ORSA**
Via Londra SNC - Assemini (CA) +39 379 19 12 731
- **Polifonica asseminese**
Via delle Orchidee 6 - Assemini (CA) +39 346 78 80 134
- **Random Teatro**
Via Loru 11 - Assemini (CA) +39 349 71 20 290



**FabLab
Cagliari**>

+39 345 78 09 029

www.fablabcagliari.it

info@fablabcagliari.cc

@fablabcagliari

📍 Via Romagna 6 - Assemini (In the transfer phase)

Laboratory of Shared Digital Fabrication LEARN... DO... SHARE

Digital fabrication laboratory, equipped with rapid **prototyping machines**, technology tools with **opensource hardware** and **software** and human resources with great passion for creativity and "doing" with design knowledge.

Fablab Cagliari is home to **Fabacademy**, the most important digital fabrication training in the world, established by **Neil Gersfensheld**, professor and director of cba of M.I.T. Boston (Massachussets)

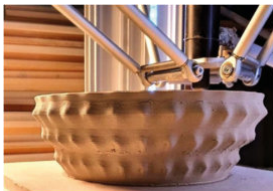
<http://fabacademy.org> - <http://fablabs.io/fablabcagliari>



Fablab's 360° vision

- **3D Printers**

FFF, DFM, LDM, SLA printers and various prototyping materials for product design, jewellery, ceramics, etc.



3D printer clay

- **CNC Milling**

CNC machine 150x100 cm, Open Builds, a Roland MDX15.



CNC Milling

- **Laser Cutting and Vinyl Cutting**

Cameo Silhouette 3 and 4 , vinyl cutting and laser cutting and engraving machine WL60 60 watts with worktop 60x40 cm able to cut plywood, plexiglass, leather, cardboard..

- **Electronics and Embedded Design**

Electronics and robotics are the domains in which different technological skills are developed and computational thinking stimulated and trained.

Factory of Ideas

Today's interaction with art and design is crucial to exercise the critical thinking and holistic vision needed to enthusiastically address the challenges of the 21st century and the upcoming fourth industrial revolution.

<http://www.manilab.it>

https://issuu.com/faberaus.cc/docs/catalogo_

◦ **Assemini and the Sport**

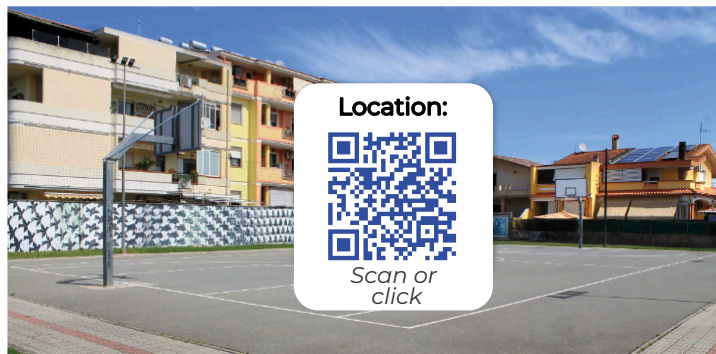
Assemini is rich in **sports clubs** that often achieve excellent results at regional, national and international level.

In addition to the **3 football fields** (S. Lucia field, Via Coghinas field and Via Risorgimento field ed.) and various gyms run by sports clubs in which to practice all kinds of sports, Assemini has in its territory several municipal facilities with free access in which to practice free physical activity.

Among these we can include the equipped areas in the parks, the street basketball court and the Skate Park.

Street Basket Field

It is located in the Wood Park, between Via Porto Torres and Corso Africa. **Free access.**



Skate Park



Location:



Scansiona
o clicca

The Skate Park of Assemini is located in Corso Asia n. 18-36. **Free access.**

Equipped Aras

In Assemini there are 2 areas equipped for physical activity in complete autonomy.

- The “Parco Geriatrico”, located in via Porto Torres at the Parco del Legno.

Free access.

*Scan or
click*



Location:



- The new outdoor gym located in Via Cipro and equipped with training free and for the practice of the discipline “calisthenics”.

Free access.

Location:



*Scan or
click*

Sports Associations

Non-exhaustive list of sports associations in the asseminese territory.

- **Alessandra Celestial Dance**
Via Porto Torres 19 - Assemini (CA)
- **Aloha Dance And Fitness**
Via Sacco 132 - Assemini (CA) +39 340 33 92 558
- **Areafit A.S.D. (Palestra)**
Via Ogliastra 5 - Assemini (CA) +39 345 68 94 138
- **GSD ASSEMINI CALCIO**
Via Cagliari 233 - Assemini (CA) +39 347 38 57 352
- **Basket Assemini**
Via Cagliari 239 - Assemini (CA) +39 392 04 18 678
- **CDM Centro Danza Musica**
Via della scienza 1 - Assemini (CA) +39 070 23 55 685
- **Centro Fitness A2 (Palestra)**
Via Friuli 22 - Assemini (CA) +39 347 67 64 686
- **Circolo Bocciofilo Assemini**
Via Marconi, 83/a - Assemini (CA) +39 070 91 98 810
- **Circolo Sportivo Cooper Band (Calcio)**
Via Coghe 38 - Assemini (CA) +39 342 79 37 301
- **Emoxion (Palestra)**
Via Adige 11 - Assemini (CA) +39 349 75 60 865
- **Fit & Diet Center (Palestra)**
Via sassari 87 - Assemini (CA) +39 347 63 08 818
- **Gioventù Assemini Calcio**
Corso Europa 60 - Assemini (CA) +39 331 37 79 991
- **Gruppo Polisportivo Assemini (Atletica)**
Via Rio Sa Murta 66 - Assemini (CA) +393495080996
- **Gruppo Sportivo Eden del Biliardo**
Via Carmine 217 - Assemini (CA) edenbiliardo@gmail.com
- **Hundred Ginnastica Posturale**
Corso America, 45 - Assemini (CA) +39 392 00 02 196
- **I Fenicotteri (Sport Bocce)**
Via Tevere 154 b - Assemini (CA) +39 328 86 69 828
- **Is Molentis O.C.R. & Functional Training (Palestra)**
Via Corsica 20 - Assemini (CA) +39 349 47 18 635
- **Jump Fitness Center (Palestra)**
Via E. D' Arborea 4 - Assemini (CA) +39 070 23 54 531



- **Kodokan Judo Club Assemini**
Via C. Battisti 18 - Assemini (CA) +39 338 70 84 169
- **Macondo (Palestra)**
Via Carmine, 215 - Assemini (CA) +39 070 94 51 22
- **Martin's latin club (Ballo)**
Via Marmilla 23 - Assemini (CA) +39 340 54 04 656
- **Moto Club Speed**
P.zza Santa Lucia - Assemini (CA) +39 338 204 2453
- **Mtb Assemini**
asdmtbassemini@virgilio.it
- **My Cocoon - Fitness Club (Palestra)**
Via Marmilla, 25 - Assemini (CA) +39 347 82 74 644
- **New Magic Form & Fitness (Palestra)**
Via Sacco, 132 - Assemini (CA) +39 340 67 19 847
- **Physic Club René (Palestra)**
Corso America 35 - Assemini (CA) +39 345 24 10 465
- **S.C. Crazy Dance & Fitness**
Via Kolbe, 25 - Assemini (CA) +39 348 55 51 262
- **Shardana Boxe & More**
Via Cagliari, 181/A - Assemini (CA) +39 351 84 26 487
- **Sirbons Cagliari American Football Team**
Via Venezia 8/bAssemini (CA) +39 348 34 88 719
- **Taekwondo SAEM**
Via Asproni 9/e - Assemini (CA) +39 331 98 51 750
- **Team KGB Gym (Scuola di kickboxing)**
Via Pio IX 54 - Assemini (CA) +39 393 78 86 200
- **Tennis Club Assemini**
Via Val D'Aosta 9 - Assemini (CA) +39 070 94 35 225
- **Vivir Danzando**
Via Stromboli 12 - Assemini (CA) +39 348 00 69 011
- **You Li Tai Kung Fu**
P.zza Conciliazione 5 - Assemini (CA) +39 328 27 38 977

• Weekly Marketplace



Location: Via Londra - Assemini

Frequency: Every Fryday

Every Friday the place to be is the weekly market. You will find vendors selling fresh fish, fresh seasonal and dried fruits such as nuts, almonds etc, honey and vegetables. At the market you will also find stalls of clothing for adults and children, shoes, bags, jewelry, household items such as sheets, curtains, sofa covers and much more.

Weekly Marketplace:
Scan or Click



Location:



◦ Coldiretti Marketplace



Location: Piazza delle Regioni, 3 - Assemini

Frequency: Every Tuesday

The Coldiretti market is held **every Tuesday**. You can find fresh fish, fruit and vegetables and honey from the surrounding area.

You will find **products** at **km 0** to promote local development and support the conscious consumption of quality food products.

Coldiretti Marketplace:

Scan or Click



Location:



◦ **Assemini Typical Dish**

The typical asseminese dish par excellence is eel **Panada**. In 2016 it received the **PAT certification (Traditional Food Product)**.

According to legend, this dish was invented by chance by the wife of a fisherman who, not having any pots available, used the dough of the bread to create a "container" in which to cook the beautiful eels fished by her husband.

Fishing in the Santa Gilla lagoon was in ancient times the main source of subsistence for the assembly.

Some hypothesize that the Panada asseminese actually has even more ancient origins and that it was already prepared in the Nuragic era, was found in fact a Sardinian bronze bearing a dish very similar to the Panada.

The **Panada** is a kind of "pot" created with a circular sheet of **pasta violada**¹ inside is placed the filling of eels cut into pieces, potatoes, parsley, garlic, dried tomato, salt and olive oil.



¹ *Pasta violada: classic Sardinian dough prepared with semolina and lard or alternatively olive oil.*

Once the filling is placed, the Panada is closed with a sort of lid made with the same dough and joined to the rest of the "pot" through a **pinched technique** that creates an ornamental crown and that seals it perfectly.

Over time different variations of Panada were born, such as lamb and potatoes or vegetables. At Assemini there are several pasta factories that produce and sell the typical dish asseminese in different sizes and types and also in the walking version of small (panadine mignon).

Each year Assemini dedicates a day of celebration to its dish: **La Sagra della Panada**. During the festival you can taste the dish in the typical recipe of Assemini and visit various stands and stalls.

It is possible to view the constantly updated dates of the Panada Festival through the QR on the next page.

• Festivals and Events

During the year Assemini is rich of events organized by the City and the various cultural and sports associations in the area.

Event Calendar

- **Carnival:** February-March according to Lent.
- **Feast of Santa Lucia:** the Sunday that follows the Easter
- **Music Festival:** 3rd week of June.
- **San Giovanni Battista:** 24 June.
- **Feast of San Pietro e Paolo:** 29 June.
- **Beata Vergine del Carmine:** 16 July.
- **Feast of San Cristoforo:** 24 July.
- **Is Pariglias:** late July.
- **Sardinian Wedding:** end of July and early August.
- **Feast of Sant'Andrea:** between the 2nd and 3rd week of the month of September.
- **Sagra della Panada:** first half of October, is linked in recent years to the event Dalla Spiga alla Tavola. There is also festival in summer (check updates in the next QR)
- **Festa della Birra:** October.
- **Festa dello Sport:** October.

Updates:
Scan or Click



• Services and Useful Numbers

• Municipality of Assemini

Piazza Repubblica 1 - 09032 Assemini CA

Operator +39 070 94 91

URP 800 19 56 78

Protocollo
protocollo@pec.comune.assemini.ca.it

Website
<https://comune.assemini.ca.it/>

• Municipal Police +39 070 94 92 59

Piazza Repubblica 1 - 09032 Assemini CA

• Police +39 070 94 33 00

Corso Europa, 56, 09032 Assemini CA

• Single European emergency number 112

• Forest Service 1515

• Non-emergency medical care service 116117

• Financial Police 117

• Emergency Medical 118

• Medical Guard +39 070 94 03 17

Via Ignazio Coghe, 18 - 09032 Assemini CA

• Library 070 94 94 00

Via Cagliari, 16 - 09032 Assemini CA

• CUP Asl +39 070 47 47 47

• CUP Web cupweb.sardegناسalute.it

Here you can find all the most useful information about Assemini, just a click away.

 linktr.ee/visitassemini

Pullman · Trains · Taxi · Pharmacies on call
Emergency Numbers · Separate collection service



Scan or Click 

We have also collected applications that could help you during your stay at Assemini, you can download them from your App Store.



CTM Bus Finder

Official application of CTM SpA that guides you in the choice of lines for your travels.



Trenitalia

Simplify your travel planning and buy subscriptions and booklets or tickets.



Moovit

Urban mobility solutions: bus, tram, metro, train, taxi, scooter, scooter and bike sharing.



Orari bus Sardegna

All public transport schedules of the main Sardinian public transport carrier.



The activities of Assemini



Visit Alla scoperta di Assemini

The VisitAssemini guide is a project born thanks to the collaboration between **About Assemini and More** and the graphic studio **Mommotti Creative Design**.

Its realization has been possible thanks to the support of the commercial activities that joined the initiative with enthusiasm.

We thank all the participants for their cooperation and for their trust.

In the following pages you will find all the activities, professionals, artists and craftsmen who supported the project, the services they offer and the contacts to reach them.

At the end of this guide you will also find a mini map of Assemini showing the places described so far and the activities listed below.

Project realized by:

About Assemini and more

 www.aboutasseminiandmore.it

Mommotti Creative Design

 www.mommotticreative.com

Catering and Food

1

Chilometro ZERO

BAR • RISTORANTE • AGRIGELATERIA
PASTICCERIA • CAMERE E SUITES

📍 Via Gobetti 15 - Assemini (CA) ☎ +39 347 28 70 430

📷 @chilometrozero_assemini 📺 @chilometrozeroassemini

✉ chilometrozero.assemini@gmail.com

Open all day: Monday to Thursday: 06:00 - 00:00
Saturday and Friday: 06:00 - 02:00
Sunday: 06:00 - 00:00

- ✓ Possibility to eat on the spot
- ✓ Open on holidays
- ✓ Debit or credit card payments

Bar • Ice cream • Pastry • Restaurant • Rooms

2



Crastulendi



Bar Restaurant

📍 Via Corsica 1 - Assemini (CA) ☎ +39 070 94 35 348

📷 @v_crastulendi 🌐 www.vcrastulendi.it

📺 @vCrastulendi

Opening Hours: Monday to Saturday: 05:00 - 23:00
Sunday: CLOSED

- ✓ Home delivery with deliveroo
- ✓ Open all day
- ✓ Opening Saturday night
- ✓ Possibility to eat on the spot
- ✓ Debit or credit card payments

Breakfast • Lunch • Aperitifs • Dinner • Live Events

Catering and Food

3



La Maison Des Delices

PASTICCERIA ARTIGIANALE

— Pastry • Sardinian sweets • Catering • Panadas

📍 Via Carmine 79 - Assemini (CA)

☎ +39 070 46 42 439

🌐 www.lamaisondesdelice.com

☎ +39 340 51 34 600

✉ lamaisondesdelices@gmail.com

📷 @lamaison_des_delices

📘 @lamaisondesdelicesassemini

Opening Tuesday to Friday: 07:00 - 14:00 / 16:00 - 20:30
Hours: Monday and Sunday: 07:00 - 14:00

✓ Free table service

✓ Open on holidays

✓ Opening Saturday night

✓ Opening Sunday morning

4



PepaCoffe
di

UGAS PAMELA

Resale of coffee machines, wheat and ground coffee,
— capsules and pods of all brands and systems. —

📍 Corso Africa 37 - Assemini

☎ +39 070 20 50 422

📘 Pepacaffe / Pamela Ugas

☎ +39 329 42 38 254

✉ pamelassugas@gmail.com

Opening Monday to Friday

Saturday

Hours: 09:00 - 13:00 / 17:00 - 20:00

09:00 - 13:00

✓ Debit or credit
card payments

🅐 Private parking
for customers.

Catering and Food

5



Pizzeria • Sandwich shop

📍 Via Piemonte 4 - Assemini (CA) ☎ +39 070 94 09 05

📱 @Fast food coccinella

Opening Hours: Monday to Saturday: 19:00 - 22:45
Sunday: CLOSED

- ✓ Home delivery with **Glovo**📍
- ✓ Opening Saturday night
- ✓ ATM or card payment credit
- ✓ Possibility to eat on the spot

To feel like family, eat a good pizza and tasty sandwiches with side dishes of chips and salad.

6



Pizzeria Ikki

📍 Via Sardegna 25/b - Assemini

☎ +39 339 11 67 044

📱 Pizzeria Ikki 📷 Pizzeria_Ikki

Opening Hours: Monday to Friday: 18:30 - 22:30
Tuesday: CHIUSO

Round pizzas, walks, drinks and sandwiches.

- Home delivery
- Take away service
- Open Saturday and Sunday
- Payments with POS

Catering and Food

7



PIZZERIA I 4 VENTI



📍 Via Cagliari 332 - Assemini (CA)

☎ +39 070 94 35 587


📷 @pizzeria_i_4_venti_assemini_

☎ +39 377 09 20 943

📘 @pizzeria4ventiAssemini

Opening Hours: Dal Monday to Friday: 17:30 - 23:30
Sunday: CLOSED

- Wholemeal flour and mozzarella HD dough available
- Home delivery and take away
- Portions of **FRENCH FRIES** and **SNACKS**
- Payments by ATM or card

To stay updated on the latest news,
follow our pages  and 

Menu



8



Il tuo Nerd Pub di fiducia.

LudoPub

📍 Via Baronia 8 - Assemini

Menu

☎ +39 070 46 55 238

📷 @whitemagepub

📘 @WhiteMagePub

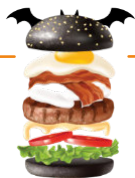


Opening Hours: Tuesday to Thursday and Sunday: 19:00 - 00:00

Friday and Saturday: 19:00 - 02:00

Monday: CLOSED

Join the dark side!
We got the **big burgers** and **beers**,
the **snacks** and the **treats**...
and a super collection of **board games**.



Catering and Food

9



Teaspoon

di Marta e Gigi

Bar • Tobacconist

📍 Via Carmine 70 - Assemini (CA)

📷 @teaspoon.assemini

📘 @teaspoon.assemini

Opening Hours: Monday to Saturday: 06:30 - 20:00 (Non-stop)
Sunday: CLOSED

Bar Service • Tobacconist • Payments • Stamps
Phone Charges • Tickets and Passes CTM

Teaspoon is your perfect break in Assemini.
Find hot pastries every day and all the coffee you want,
pizzas, croissants and much more.

10



Artisan Bakery - Pizzeria al Taglio

Sa Moba Antiga

Specialities cooked in a wood oven • Civraxiu a Frammentu Sardu

📍 Via Po 55/b - Assemini

📍 Via Sardegna 92 - Assemini

Opening Hours:

Tuesday to Saturday:

06:30 - 13:20 / 19:00 - 22:00

Sunday: 06:30 - 13:20

Monday: CLOSED

Opening Hours:

Tuesday to Sunday:

07:00 - 13:20

Monday: CLOSED

Contact: 📞 +39 320 44 16 950 📘 @samobaantiga

📷 @_.sa_moba_antiga_assemini._

Bakery products and pizzas • Free home delivery
Payment by credit or debit card • Open on Sunday morning

Catering and Food

11 PIZZA, DOLCI E SFIZIOSITA'

di Maria Greca Mostallino

📍 Via 2 Agosto 1980 23/e - Assemini 📞 +39 338 23 04 262

📧 @pizza_dolci_e_sfiziosita

📌 Pizza Dolci e Sfizioità

Opening Hours: Tuesday to Saturday: 08:00 - 13:00 / 17:00 - 20:00
Monday and Sunday: CLOSED

Craft laboratory of high quality food products.

Sardinian desserts, fresh pasta, sliced pizza, cakes for events, panade, catering and typical products, also



GLUTEN FREE



100% VEGAN

✓ Open for Easter, August, Various holidays for events, communions, confirmations, marriages or agreed dates.

12



FAMILY MARKET

📍 Via Cagliari 5/a - Assemini (CA) 📞 +39 351 72 18 449

✉ marketfamily74@gmail.com

📌 @familymarket.crai.assemini.cagliari

Opening Hours: Monday to Saturday: 08:00 - 13:30 / 16:30 - 20:15
Sunday: 08:00 - 13:00

Supermarket • Fruit & Vegetables • Delicatessen • Butcher's Shop

✓ Home delivery

✓ Opening Saturday afternoon

Catering and Food

13



Enoteca La Cantinetta

di Spina Antonella

📍 Via Sardegna 32 - Assemini (CA) 📞 +39 338 74 59 019
 ✉ spina.antonella@yahoo.it

Opening Hours: Monday to Saturday: 09:00 - 13:00 / 17:00 - 20:00
 Sunday: CLOSED

June to September: closed on Saturday evening.

- Sardinian bulk and bottled wines
- Bulk wines from Cantina di Santadi
- Typical Sardinian products
Honey, In oil, Desserts, Jams, Chocolates of Santu Lussurgiu
- Packages with Sardinian handicrafts
Baskets, Ceramics, Cork, Sardinian fabrics
- Liqueurs and drinks
- Gift boxes

14



PARTY SHOP

crea, decora, festeggia

📍 Via Cagliari 20 - Assemini (CA) 📞 +39 070 94 02 81
 ✉ party.shop@hotmail.it 📞 +39 347 25 12 442
 @partyshop_assemini 📺 @partyassemini

Opening Hours: Monday to Friday: Saturday:
 09:00 - 13:00 / 16:30 - 20:00 09:00 - 13:00
 Sunday: CLOSED

In our store you can find all the products to create your own party, from cake decoration to coordinated party items! Balloon compositions for every occasion and customized products to make unique your event.

Catering and Food

15



easy sweet

Laboratory
of artisanal desserts

+39 348 30 56 054

easysweet.lab@gmail.com

@easy_sweet_dessert

easysweet.chefmarcouteri.it

We create homemade and genuine desserts,
with high quality products,
according to traditional recipes
but with a touch of originality and refinement.



Download our menu

Supplies for Restaurants, Bars
and Catering services



16

Vininfarina

Wine shop • Sweet decoration • Custom edible prints

Via Sardegna 127/a - Assemini (CA) @VininFarina

+39 070 94 14 38

vininfarina@gmail.com

Winter Opening Hours: Monday to Saturday: 08:30 - 13:00 / 16:30 - 20:00 Sunday: CLOSED

Summer Opening Hours: Monday to Saturday: 08:30 - 13:00 / 17:00 - 20:30 Sunday: CLOSED

Wine shop • Desserts • Flours • Cake decorations
Custom food prints on wafer or sugar

Newsagents and Comics

17



Newsagent • Stationery • Haberdashery

📍 Via Cagliari 182 - Assemini (CA)

☎ +39 070 94 76 124

📘 @CartooniaVigna

✉ al.vigna1975@libero.it

Opening Hours: Monday al Saturday: 05:30 - 13:00 / 16:30 - 20:00
Sunday: 05:30 - 13:00

Newsagent • Haberdashery •  • Stationery

Access Point UPS • Backpacks/Cases • Notebooks • Games & toys

And so much more!

18



starshop

Assemini

Comics and Gadgets

📍 Via Baronica 8 - Assemini (CA)

☎ +39 351 78 82 975

📘 @Star Shop Assemini

📷 @starshopassemini

Opening Hours: Monday: 16:30 - 20:30 Sunday: CLOSED
Tuesday to Saturday: 10:00 - 13:30 / 16:30 - 20:30

Manga • Comics • Figures
Board Games • Trading card game



Haberdashery and Gift Items

19

FULL SHOP

Di Maurizio Mameli

Stationery, Haberdashery and Gift ideas

📍 Via Turati 14/c, angolo Corso America - Assemini

📱 @fullshop2003

☎ +39 070 94 51 99

Opening Hours: Monday to Friday 08:30 - 13:00 / 16:30 - 20:00
Saturday morning: 08:30 - 13:00
Sunday: CLOSED

Stationery • Prints • Scans • Laminations • Haberdashery
Photocopies (B/W and colours) • Paper and Greeting Cards
Gifts • Gadget • Yarn • Socks (Men & Women)

✓ Debit or credit card payment

20

ALTRE

KOS

Haberdashery • Gifts • Perfumery • Clothing

📍 Via Eleonora d'Arborea 2 - Assemini ✉ beamulas@yahoo.it

☎ +39 330 43 03 53

Opening Hours: Monday to Saturday: 09:00 - 13:00 / 17:00 - 20:00
Sunday: CLOSED

July and August:

Monday to Friday: 09:00 - 13:00 / 17:00 - 20:00

Saturday : 09:00 - 13:00 Sunday : CLOSED

Underwear • Gadget • Haberdashery • Gift ideas
Perfumery • Hair products • Accessories • Clothing

Apparel and Footwear

21



DANIELA E GIANNI

MEN AND WOMEN'S CLOTHING

📍 Via Marconi 2, angolo Via Sassari - Assemini (CA)

☎ +39 347 72 34 562 (We answer on WhatsApp)

📌 DanielaeGianni Negozio

Opening Hours: Monday to Friday: 09:00 - 13:00 / 16:30 - 20:00
Saturday: 09:00 - 13:00 Sunday: CLOSED

✓ Men's and Women's Clothing

✓ Sleepwear

✓ Men's and Women's Underwear

22

Linea Calzature

Shoes • Clothing • Accessories

📍 Via Sardegna 21/A - Assemini

☎ +39 070 94 74 71

🌐 www.lineacalzature.eu

☎ +39 331 78 28 229

📌 @LineaCalzature

📷 @LineaCalzature

Opening Hours: Monday to Saturday: 09:30 - 13:00 / 16:45 - 20:45 Sunday: CLOSED

CK
Calvin Klein

CAFÈ NOIR
ALVIERO MARTINI
T(LASSE)

NeroGiardini
S
SKECHERS

GUESS
TOMMY HILFINGER

Tailoring and Hairdressers

23



Valentina S

TAILORING & SHARED SEWING

📍 Via Iglesias 31 - Assemini (CA) 📞 +39 371 37 18 222

📷 @sartoriavalentinas

📘 @sartoriavalentinas

Opening Hours:

Monday • Wednesday • Thursday

09:00/18:00 (All day)

Saturday 09:30/13:00

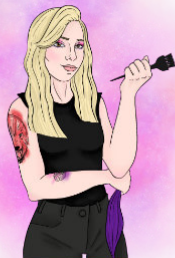
Tuesday • Friday

09:00/13:00 - 16:00/19:00

Sunday CLOSED

- Production of tailored dresses
 - Sewing courses for adults and children (with date and time of your choice)
 - Tailor-made repairs
 - Rental of sewing machines
 - SOS Cosplay
- ✓ ATM or credit card payment

24



ALTERNATIVE HAIR SALON

Specialized in coloring techniques,
hair care and hairstyles.

📍 Via Coghe 36/a - Assemini (CA)

📞 +39 340 31 38 116

📷 @alternative_dialtea

📘 Alternative salone di parrucchieri

Opening Hours: Tuesday to Saturday: 10:00-18:00

On appointment.

Sunday and
Monday: CLOSED

Who decides what is normal?

Normality is an invention of the unimaginative.

- Open all day
- Open on Saturday

Accommodation Facilities

25



Martina **B&B**
Martina

📍 Via Oslo 25 - Assemini (CA)

✉ michi.dessi@gmail.com

🖱 www.bebmartina.it

📱 @bebmartina

☎ +39 339 71 94 251

✉ info@bebmartina.it

📱 @_beb_martina

Contact us to book your holiday.

Overnight • Breakfast • Private bathroom • Free Wi-Fi
Air conditioning • Balcony • Tv • Garden view

For your dream vacation, for your relaxing weekend
or for your business stay, you are in the right place.

26



AgriB&B
Il Pomo D'Oro

📍 Loc. Su Launasci - Assemini (CA)

☎ +39 338 88 05 628 (Meris)

📱 @BEBILPOMODORO

☎ +39 392 26 03 898 (Alessia)

Opening hours for reservations:

Monday to Sunday: 15:30 - 19:30

- Accommodation with patio, garden and shared lounge
- Bed and breakfast
- Organization of events

AgriB&B il Pomo D'Oro, located about 12 km from Cagliari, is a welcoming structure in open countryside, where the green of nature, silence and serenity are the masters.

Tourism Services

27

About Assemini

AND MORE

About Assemini and more is a destination blog to promote Assemini from the Tourist-Cultural and commercial point of view.

 aboutasseminiandmore.it

 +39 340 14 11 252

 susanney@yahoo.it

 @aboutassemini

 @aboutasseminiandmore

Advice, services and content for individuals and companies.

Dott.ssa Susanna Pretta
Cultural operator for tourism
Blogger and content creator
P.I. 04121030920



28

Destinazione Assemini

» — *Alla scoperta delle radici* — «

Discover Assemini and its territory with qualified tour guides who collaborate with About Assemini and more. Through the QR code you will be directed to the page of the site where the dates and all the useful information to participate:

About Assemini

AND MORE

Discover the upcoming events →



 aboutasseminiandmore.it

 +39 340 14 11 252

 susanney@yahoo.it

 @aboutassemini

 @aboutasseminiandmore

Trekking and Hiking

29



D.ssa Carla Frongia

BIOLOGA, NUTRIZIONISTA E GUIDA AMBIENTALE

📍 Via Sicilia 38 - Assemini (CA) 📞 +39 366 35 28 184

✉ carlafrongia.nutrizionista@gmail.com

📘 @NutrizionistaD.ssaCarlaFrongia

📷 @lanutrizionista_carlafrongia

Contact me for information and appointments

Well-rounded health.

Taking care of yourself with a healthy lifestyle:
good nutrition, walks in the fresh air,
sharing among people, with calm and serenity.

30

Paeonia Trekking

Elisabeta Gessica Mameli

Environmental hiking guide

- Iscrizione RAS GAE n.74 •
- AIGAE SA305 •

📞 +39 329 73 24 836



Let **Paeonia** guide you among the most beautiful trekking of the island, to discover the most authentic Sardinia.

- Guided tours in the open air
- Trekking and Hiking
- Environmental Education and Training

Herbalists

31


**ERBORISTERIA
SALUTE BELLEZZA**
la natura ha ragione

📍 Via Cagliari 290 - Assemini (CA) 📞 +39 380 19 29 739
 📷 @erboristeria_salute_e_bellezza 🌐 www.erboristeriasalute.it
 📘 @Erboristeria-salute-e-bellezza

Opening Hours: Monday to Friday: 09:00 - 13:00 / 17:00 - 20:00
 Saturday: 09:00 - 13:00 Sunday: CLOSED

- Phytotherapy, supplements, cosmetics and herbal teas in bulk
- Organization of crystal therapy events, naturopathy, legacies to the asseminese crafts
- In December: opening Saturday evening and Sunday

32


CaliBio

 Herbalist • Bioprofumery
 Gift items

📍 Via Carmine 72/a - Assemini 📞 +39 392 95 15 238
 ✉ info@calibio.it 📷 erboristeria_calibio 📘 erboristeriacalibio

Opening Hours: Monday to Friday ✓ Payment by credit
 09:00 - 12:45 / 17:00 - 20:00 or debit cards

Dietary supplements • Phytotherapists • Perfumes • Make-up
 Clays • Facial, body and hair care • Hypoallergenic hair dyes
 Vegetable oils and essential oils • Cosmetic herbs and powdered dyes
 Incense • Home perfumers • Tea, infusions, herbal teas
 Cups and accessories for tea • Scented candles in vegetable wax

Pet Supplies

33



Pet articles
Gardening and Feed

📍 Via Monti 3 - Assemini (CA)
☎ +39 070 94 17 78
📞 +39 347 89 71 622
📱 @SuLoraiu 📷 @su_loraiu

Opening Hours: Monday to Friday: 08:30 - 13:00 / 16:30 - 19:30
Saturday: 08:30 - 13:00 Sunday: CLOSED

- Food and accessories for dogs, cats and other animals
- Articles for your garden care
- Products for zootechnical feeding

34

I CUCCIOLI 
di Antonella Loi

Accessories for pets

📍 Corso Europa 13 - Assemini (CA) ☎ +39 349 14 78 013

Summer opening hours

Monday to Friday: 09:00 - 13:00 / 17:00 - 20:00
Saturday: 09:00 - 13:00

Winter opening hours

Monday, Wednesday and Friday: 09:00 - 13:00 / 17:00 - 20:00
Tuesday and Thursday: 10:00 - 18:00 (non-stop)
Saturday: 09:00 - 13:00

Food for dogs, cats, birds and rodents • Games and snacks
Leash and clothing • Pesticides and bedding

Personal Care

35



**DOTT.SSA
ELISABETTA POZZATO**

Biologa Nutrizionista

📍 Via Lazio 14 - Assemini (CA)

☎ +39 351 38 59 996

✉ pozzato.nutrizione@gmail.com

📷 @dottoressa.pozz

Opening Hours: Monday to Friday: 09:00 - 12:00 / 15:00 - 19:00
On Appointment

- Nutritional advice and body composition evaluation
- Customized food plans
- Food education in the family
- Routes not prescribed

✓ Payment by debit or credit cards

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CLAUDIA MARONGIU
Operatore Olistico



📍 Via Eleonora d'Arborea 4/b - Assemini

✉ clau.marongiu@gmail.com

☎ +39 370 13 92 319

📘 Claudia Operatore Olistico

📷 @claudia_operatore_olistico

Opening Hours: Monday to Friday: 09:30 - 13:00 / 16:00 - 20:00
On Appointment

Holistic Massage Professional:

Antistress AromaTouch • Bio Natural Draining
Muscle relaxant (back and/or legs) • Face Relaxant
Relaxing Swedish • Cupping Therapy
Application Kinesio Taping

Personal Care

37



Studio Dentistico Rosas

Via Parigi 9, Assemini
tel. +39 333 59 35 930
STUDIO ROSAS s.r.l.

**Commitment,
courtesy, fairness
at the service of
your smile.**

In addition to the dental service with a team of doctors, secretaries and assistants, we offer an extra study team consisting of **Osteopath, Posturologist, Psychologist and Speech Therapist.**

Our Services:

- **Always available:** Contact us at any time via Facebook page, Google chat or Whatsapp, fix an appointment or to know how to behave in case of a sudden dental urgency.
- **Appointment reminder service:** the day before via a text messages that will remind you of your appointment time.
- **Latest generation radiographic equipment**
- **Specialists in Orthodontics** can deal with all kinds of Orthodontics: fixed, mobile, interceptive, myo-functional, with transparent aligners.
- **Technology:** Patient benefits modern equipment, such as the intraoral scanner for fingerprints, conscious sedation machinery, Teethan, equipment for muscle electromyography of the mandibular joint and the Prophylaxis Master, which turns the dental hygiene session into a pleasant moment.

How to reach us:

📍 Via Parigi 9 - Assemini (CA)

☎️ +39 333 59 35 930

✉️ studiodentistorosas@gmail.com

🖱️ studiodentistorosas.it

📘 @studiodentistorosas.it

📷 @studiodentistorosas

Opening Hours: Monday to Friday: 09:00 - 19:00
Saturday and Sunday: CLOSED

Personal Care

38



ASD **HUNDRED** GINNASTICA POSTURALE

📍 Corso America 45 - Assemini

☎ +39 392 00 02 196

✉ asdhundred@gmail.com

📘 Asd Hundred

📷 @asd_hundred

The goal of ASD Hundred is to promote a healthy lifestyle through gymnastics courses aimed at health and fitness.

One hundred steps towards balance

Add our contact details:



39

• FOR RENT •

Room use office/ professional studio

For long and short periods, "Day office" or half a day.

From 25€ half day.

To view the room by appointment

☎ +39 338 30 55 075

Monday to Friday h. 9:00 - 12:00 / 15:30 - 18:00

Rates are IVA included and also include: use of the **room**, **furniture**, **internet** connection, **utilities** (electricity and water), **tari**, **cleaning** common areas and fee for bathroom consumables



Scan the QR for more info

Optics e Photography

40

Ottica Cadoni

Optics and contact lenses

 Via 2 Agosto 1980 5/b - Assemini
  +39 347 35 73 635
 info@otticacadoni.com
  www.otticacadoni.com
 @OtticaCadoni
  @OtticaCadoni

Opening Hours: Monday to Friday: 09:00 - 13:00 / 17:00 - 20:00 Saturday: 09:15 - 13:00
 Sunday: CLOSED

- Centre for multifocal lenses
- Sunglasses and eyeglasses of the best brands
- Free view control
- Transitions Certified Optical Center
- Advice and contact lens application
- After sales service

41



 Via G. Oberdan 3, in front of Chiesa San Pietro - Assemini
 info@lorenamameli.it
  +39 338 39 49 918
 www.lorenamameli.it
  @lorena_mameli_fotografa
 @lorena.mameli.photography

Orari: Monday: 17:00 - 19:30 On appointment.
 Tuesday to Friday: 10:00 - 13:00 / 17:00 - 19:30

- Wedding photography and small ceremonies
- Family portraiture (maternity and children)
- Photo shoots for companies
- Photo cards for documents and resumes

Information Technology

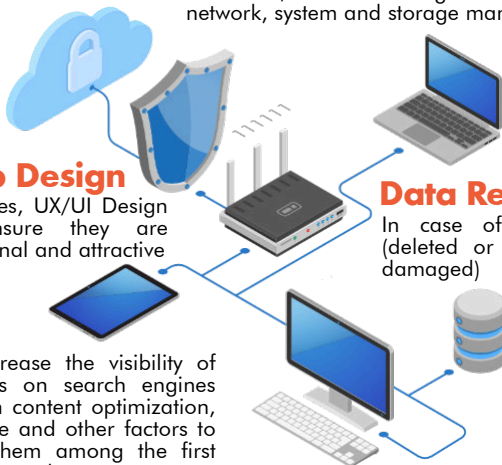


CNC LABS
 Dott. Marco Carboni
 Consulting Studio

42

IT consulting

Hardware/Software design and support,
 network, system and storage management



Web Design

Websites, UX/UI Design
 to ensure they are
 functional and attractive

Data Recovery

In case of data loss
 (deleted or accidentally
 damaged)

SEO

We increase the visibility of
 websites on search engines
 through content optimization,
 structure and other factors to
 place them among the first
 organic results

InfoSec / Cybersecurity

(Data protection / Computer security)

We guide you through the path to protecting
 your data and ensuring information security,
 through cyber threat protection, vulnerability
 management and privacy compliance

Contacts:

📍 Via Mameli 17 - Assemini (CA) 🌐 www.cnclabs.it
 ✉ assistenza@cnclabs.it ☎ +39 329 14 62 747
 📱 @cnclabs 📞 +39 353 46 89 513



On Appointment

Privacy and Security

43



PRIVACY SARDEGNA



 Via della Libertà 23 - Assemini
  +39 329 14 62 747
 clienti@privacysardegna.it
 +39 353 46 89 513
 www.privacysardegna.it
 @privacysardegna

Privacy Sardegna is a team of legal and engineering professionals who collaborate to provide advice on the "New Privacy Policy" and the "General Data Protection Regulation" (GDPR). The combination of multidisciplinary skills makes Privacy Sardegna able to face complex challenges and provide complete solutions to its customers.

Our Services:

- **Evaluation and Implementation:** We evaluate the data processing and business model of your company, firm or public body, to implement an appropriate **privacy** and **data protection** management model.
- **Technical and Regulatory Advice:** We help you comply with **privacy regulations** and resolve interpretative doubts.
- **Training:** We offer online, theoretical and practical training on **GDPR**, **cybersecurity** and **data protection**.
- **Training Updates:** We provide updates on specific topics, such as the figure of the **DPO** in public bodies, the drafting of the **Registers of Processing** and the **DPIA**, and the figure of the **Joint Data Controllers**.
- **Data Protection and Computer Security:** We **analyze** your computer systems and physical storage, identifying the path better to minimize **vulnerabilities of your systems**. We also help you to apply the **security** measures in compliance with current regulations.



Please contact us for further information

Graphics and Printings

44



MOMMOTTI Creative Design

Design at the service of your business.

+39 338 30 55 075

Via della Libertà, 23 Assemini

@Mommotti.design

www.mommotticreative.com

ask@mommotticreative.com

@mommotticreative

Opening Hours: Monday to Friday
09:00-12:20 / 15:30-18:20

On
appointment.

- Graphic services for business and private
- Creation of company logos and graphics
- Realization of advertising and exhibition material
- Custom items for events and parties
- Custom Clothing and Gadgets
- Dedicated price list for associations and start-ups



45



PRINT ISLAND

TIPOGRAFIA • SERIGRAFIA • STAMPE DIGITALI

Via Porto Torres 2/a - Assemini

+39 347 32 89 051

printisland@yahoo.it

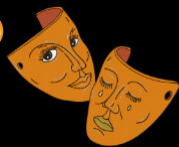
Opening Hours: Monday to Friday: 10:00 - 13:00 / 17:00 - 20:00
Saturday: 10:00 - 13:00

- Small and large size custom printed
- Printing on paper, objects, clothing and PVC
- Advertising decoration on vehicles and shop windows

Follow us on our Social

Music and Theater

46



Random Teatro

Cultural Association

📍 Via Loru 11 - Assemini (CA)

☎ +39 349 71 20 290

📱 @randomteatro

📷 @random_teatro

Follow us on our Social to stay informed.

Theatre shows and training workshops for all ages.

✓ Theatre courses for adults, children and teenagers:

• Prose • Musical • Sardinina Comedy

✓ Private lessons of singing, acting, diction and expressive reading

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Music School

📍 Via Sardegna 47 - Assemini

☎ +39 070 94 53 03

📱 @scuoladimusica_petersday

📱 @ScuolaDiMusicaPetersDay

✉ petersday@unmaredimusica.it

Opening
hours:

Monday to Friday: 15:30 - 20:30

Saturday: 09:00 - 13:00

Sunday:
CLOSED

- Courses of singing
- Musical preparation
- Courses in drums, bass, guitar and piano

Artisans

48



La Fiorista di Anna Perra

Communicate with a flower!

📍 Via Piave 139 - Assemini (CA)

☎ +39 070 94 41 33

📷 @la_fiorista_di_anna_perra

📘 @LaFiorista

🌐 www.lafiorista.com

✉ aperra357@gmail.com

Opening Hours: Monday to Saturday: 09:00 - 12:30 / 16:00 - 20:00
 Sunday: 09:00 - 12:30 (Excluding summer period)

- Flower arrangements and bouquets
- Home delivery
- Flowers and ornamental plants
- Private parking
- Opening on Sunday morning (Autumn, Winter and Spring)
- Opening on Saturday evening

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Coltelleria S'Asseminesa di Efisio Casula

Artisan maker of knives

📍 Via Carducci 20 - Assemini

☎ +39 345 38 73 700

✉ dittaec@yahoo.it

📘 Coltelleria EC

Opening Hours: Monday to Saturday
 09:00 - 13:00 / 16:00 - 19:30

The Casula cutlery ensures that its production is entirely handmade with quality materials.

Painting, Sculpture and Ceramics



Luigi Pillitu

Painter and Sculptor Naïf

Self-taught artist, born in Santadi but resident in Assemini for several years. He began to exhibit in 1970 between solo and group exhibitions first in Sardinia and then to Italy and Europe. Some of his works are present in important galleries and permanent exhibitions in Paris, Nice and the National Museum of Naifs painters, in the province of Reggio Emilia.

Contacts

+39 070 94 687

+39 347 89 65 508
+39 338 30 07 582



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Antonino Ruggeri

Artist and Sculptor

+39 349 43 64 901

✉ ruggeri.nino@gmail.com

Opening Monday to Friday:
Hours: 16:00 - 20:00

He works with different materials such as stone, wood, ceramics and cement.

His sculptures are on display in various squares in Assemini and in the whole of Sardinia.



Painting, Sculpture and Ceramics

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artistic and traditional ceramics
of **Doriana Usai**
ceramist and art therapist

📍 Via Carmine 214 - Assemini (CA)

☎ +39 070 94 17 91

📱 @DorianaUsaiCeramiche

🌐 www.dorianausai.it

📷 @ceramichedorianausai

✉ info@dorianausai.it

Opening Hours: Monday to Friday: 10:00 - 13:00 / 16:00 - 19:30
Saturday: 10:00 - 13:00 Sunday: CLOSED

Artistic ceramic items, made on the lathe, embroidered with circles white enamel, precious metals and brush decorations.

- Guided tours of the laboratory with related explanations
- Art therapy setting on request
- Payment by debit or credit cards



Painting, Sculpture and Ceramics

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**WALTER
USAI**
ceramiche

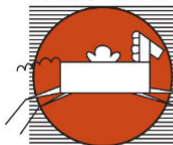
📍 Via Carmine 221 - Assemini (CA) ☎ +39 338 34 11 051
 ✉ info@usaiwalter.com ☎ +39 070 94 13 48
 🌐 www.ceramichevalterusai.com 📷 @ceramichevalterusai
 📘 @CeramicheUsaiWalter

Opening Monday to Friday: 09:00 - 13:00 / 15:30 - 19:30
Hours: Saturday: 09:00 - 13:00 Sunday: CLOSED

Tradition and design.
 Traditional ceramics meet contemporary creations
 born from collaborations with architects and designers.

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Fondata nel 1927



FARCI

CERAMICHE ARTISTICHE

— Handmade ceramics by Andrea Farci —

📍 Via Carmine 238 - Assemini ☎ +39 070 94 11 33
 🌐 www.ceramichefarci.com ☎ +39 340 33 62 591
 ✉ info@ceramichefarci.com

Opening Morning 9:00-13:00 ✓ Debit or credit cards
Hours: Afternoon 16:00-19:30

Saturday afternoon and Sunday: CLOSED.

Works on request and customized orders.

Painting, Sculpture and Ceramics

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Sara Falconi

CERAMICHE ARTISTICHE

📍 Via Marmilla 5/e - Assemini (CA) ☎ +39 328 13 36 135

📧 @sardiniashopsrl

📷 @saraceramiche76

✉ sarafalconi76@gmail.com

Opening Hours

- Winter months: we receive in the studio by appointment only.
- From June to September:
you can find us in our store in Villasimius.

📍 Via Umberto I 57 - Villasimius (CA)

Opening hours: 10:00 - 13:00 / 17:00 - 00:00

Handmade ceramics. Where the earth takes shape.

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Ceramiche Mattana

di Simona Mostallino

Artistic and Traditional Sardinian ceramics.

📍 Via Rio Taloro 20 - Assemini (CA)

☎ +39 070 94 77 117

✉ ignazia.mattana@gmail.com

☎ +39 349 61 46 565

📧 @Ceramiche-Mattana-di-Simona-Mostallino

📷 @ceramiche.mattana

Opening Hours: Monday to Friday: 09:00 - 13:00 / 16:30 - 19:30

Saturday: 09:00 - 13:00

Sunday: CLOSED

Sardinian crafts and custom ceramics.

Manufacture of manufactured products solely by hand.



About Assemini

AND MORE

www.aboutasseminiandmore.it

Dott.ssa Susanna Pretta
Cultural operator for tourism
Blogger and content creator
P.I. 04121030920



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Project entirely realized thanks to the support of the commercial activities that joined the initiative.

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